

Hyde County Hotline, Inc.

24-Hours Crisis Line 252-925-2500

HydeCounty-Hotline.org

Facebook: [Hyde County Hotline](#)



Domestic violence affects millions, both women and men, of every race, religion, culture and status. It's not just punches and black eyes -- it's yelling, humiliation, stalking, manipulation, coercion, threats and isolation. It's stealing a paycheck, keeping tabs online, non-stop texting, constant use of the silent treatment, or calling someone stupid so often they believe it. Source www.ncadv.org

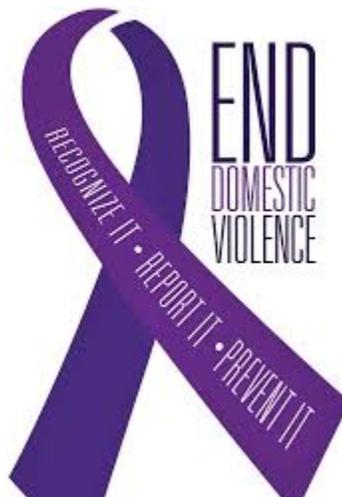
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On average, nearly 20 people per minute are physically abused by an intimate partner in the United States. During one year, this equates to more than 10 million women and men. 1 in 4 women and 1 in 9 men experience severe intimate partner physical violence, intimate partner contacts sexual violence, and/or intimate partner stalking with impacts such as injury, fearfulness, post-traumatic stress disorder, preventing the use of victim services, contraction of sexually transmitted diseases, etc. Only 34% of people who are injured by intimate partners receive medical care for their injuries. 1 in 15 children are exposed to intimate partner violence each year, and 90% of these children are eyewitnesses to this violence.

Source www.thehotline.org



Why would someone stay with this going on?

When it is a viable option, it is best for victims to do what they can to escape their abusers. However, this is not the case in all situations. Abusers repeatedly go to extremes to prevent the victim from leaving. In fact, leaving an abuser is the most dangerous time for a victim of domestic violence. [One study](#) found in interviews with men who have killed their wives that either threats of separation by their partner or actual separations were most often the precipitating events that lead to the murder.

A victim's reasons for staying with their abusers are extremely complex and, in most cases, are based on the reality that their abuser will follow through with the threats they have used to keep them trapped: the abuser will hurt or kill them, they will hurt or kill the kids, they will win custody of the children, they will harm or kill pets or others, they will ruin their victim financially -- the list goes on. The victim in violent relationships knows their abuser best and fully knows the extent to which they will go to make sure they have and can maintain control over the victim. The victim literally may not be able to safely escape or protect those they love. A [recent study](#) of intimate partner homicides found 20% of homicide victims were not the domestic violence victims themselves, but family members, friends, neighbors, persons who intervened, law enforcement responders, or bystanders.

Source www.ncjrs.gov



What do you do if you suspect someone is involved in domestic violence?

Listen without judgment. Ask your friend/loved one about their situation and let them know that you really want to listen, then give them plenty of time to talk. Let them know you are concerned about their safety, that they don't deserve to be treated this way, and that abuse is never acceptable

Remind them of their strengths. By helping your friend/loved one recognize their skills, abilities and strengths, you will help them to see other options. Point out the strength they have shown by surviving the current situation.

Make them aware that domestic violence can have serious consequences, not only for themselves but for their children.

Show concern. Say "I'm worried about you" rather than "Why don't you leave" or "I wouldn't put up with that."

Take it seriously. Domestic violence can involve threats, pushing, punching, slapping, choking, sexual assault, assault with weapons or verbal abuse. It rarely occurs once and usually gets worse over time. Abuse results in more injuries than rapes, auto accidents, and muggings combined.

Keep in touch. The abuser may isolate your friend/loved one. By letting them know you care and are available, you provide a connection to the world and options for safety.

Help develop a safety plan. Develop a plan to protect themselves and their children. Help the victim think through the steps to take if the abuser becomes violent again.

Source www.wild-iris.org



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New thrift store hours

Thursday - Saturday 10:30-4:00

