



Hyde County, NC

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**FOR IMMEDIATE RELEASE**

## **First Confirmed Case of COVID-19 in Hyde County**

Luana Gibbs, Health Director for Hyde County, has received notification of Hyde County's first positive COVID-19 case. The individual is in isolation. Hyde County Health Department is following NC DHHS guidelines on contact tracing and working diligently to determine anyone who may have come into close contact with the case. Close contact is anyone who has come within six feet of the individual for a period of 10 minutes or more.

Gibbs reminds the general public to practice prevention measures by doing the following:

- Avoid close contact with people who are sick.
- Avoid touching your eyes, nose, and mouth.
- Stay home when you are sick.
- Cover your cough or sneeze with a tissue, then throw the tissue in the trash.
- Clean and disinfect frequently touched objects and surfaces using a regular household cleaning spray or wipe.
- Wash your hands often with soap and water for at least 20 seconds, especially after going to the bathroom; before eating; and after blowing your nose, coughing, or sneezing. If soap and water are not readily available, use an alcohol-based hand sanitizer with at least 60% alcohol.
- Practice social distancing (six feet between individuals); avoid handshakes, hugs and other close contact.

Get your information from reliable sources, such as:

- CDC, [www.cdc.gov/Coronavirus](http://www.cdc.gov/Coronavirus)
- NC Division of Health and Human Services, [www.ncdhhs.gov](http://www.ncdhhs.gov), 1-866-462-3821 (NC Coronavirus Hotline)
- Hyde County Health Department, [www.hydehealth.com](http://www.hydehealth.com), 252-926-4399

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