

MATTAMUSKEET SENIOR CENTER

ACTIVITY CALENDAR

APRIL, 2012

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Coffee 10 :00 Arthritis Exercise 11:30 Lunch 1:00 Crafts/Wii	3 Coffee 10:00 BINGO 11:30 Lunch 1:00 Crafts	4 Coffee 10 :00 Arthritis Exercise 11:30 Lunch 1:00 Crafts/Wii	5 Coffee 10:00 Judging of Easter Baskets 11:30 Lunch & Easter party	6 HOLIDAY CENTER CLOSED 
9 Coffee 10 :00 Arthritis Exercise 11:30 Lunch 1:00 Crafts/Wii	10 CENTER CLOSED SENIOR GAMES IN HERTFORD	11 Coffee 10 :00 Arthritis Exercise 11:00 Autumnfield Presentation 11:30 Lunch 1:00 Crafts/Wii	12 Coffee 10:00 Morning Dance Club 11:30 Lunch 1:00 Crafts	13 Coffee 10:00 BINGO 11:30 Lunch 1:00 Crafts
16 Coffee 10 :00 Arthritis Exercise 11:30 Lunch 1:00 Crafts/Wii	17 Coffee 10:00 BINGO 11:30 Lunch 1:00 Crafts	18 Coffee 10 :00 Arthritis Exercise 11:30 Lunch 1:00 Crafts/Wii	19 Coffee 10:00 Morning Dance Club 11:30 Lunch 1:00 Crafts	20 Coffee 10:00 BINGO 11:30 Lunch 1:00 Crafts
23 Coffee 10 :00 Arthritis Exercise 11:30 Lunch 1:00 Crafts/Wii	24 Coffee 10:00 BINGO 11:00 Presentation Community Homecare & Hospice 11:30 Lunch 1:00 Crafts	25 Coffee 10 :00 Arthritis Exercise 11:30 Lunch 1:00 Crafts/Wii	26 Coffee 10:00 Morning Dance Club 11:30 Lunch 1:00 Crafts	27 Coffee 10:00 BINGO 11:30 Lunch 1:00 Crafts
30 Coffee 10 :00 Arthritis Exercise 11:30 Lunch 1:00 Crafts/Wii				

MATTAMUSKEET SENIOR CENTER NUTRITION MENU

APRIL, 2012

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Pork Loin/gravy Sweet Potato Casserole Succotash Cornbread Peaches Milk	3 Chef's Chicken Green Beans Stuffing Pineapple Pudding Milk	4 Salisbury Steak/gravy Collards Mashed Potatoes Roll Fruit Crisp Juice Milk	5 Herbed Baked Chicken Broccoli w/cheese Peas & Carrots Wheat Bread Fresh Fruit Cake Milk	6 GOOD FRIDAY HOLIDAY 
9 Hamburger/Bun Corn Fruit Cup Cookies Milk	10 Oven Fried Chicken Collards Buttered Potatoes Roll Pears Cake Milk	11 Beef & Pasta Garden Salad Garlic Bread Juice Milk	12 BBQ Chicken Peas Mac-n-Cheese Corn Muffin Fresh Fruit Milk	13 Smoked Sausage or HotDog /Bun Coleslaw Baked Beans Cookies Juice Milk
16 Chicken Parmesan Garden Salad Garlic Bread Brownie Juice Milk	17 Meatloaf Green Lima Beans Mashed Potatoes Roll Fresh Fruit Cookies Milk	18 BBQ Sandwich Coleslaw Buttered potatoes Fruit Milk	19 Sirloin Steak Okra & Tomato Blackeyed Peas Roll Peaches Cookies Milk	20 Fresh Ham Cabbage Scalloped Potatoes Cornbread Juice Milk
23 Cheeseburger/Bun Tossed Salad Hot Apple Cobbler Juice Milk	24 Pork Loin w/gravy California Mixed Vegetables Rice Pilaf Wheat Bread Fresh Fruit Milk	25 Oven Fried Chicken Peas Sweet Potatoes Roll Applesauce Cake Milk	26 Spaghetti/meatballs Tossed Salad Fresh Fruit Garlic Bread Cookies Milk	27 Chicken Salad/lettuce Pickled Beets Pasta Salad w/cheese Crackers Juice Milk
30 Pork Loin/gravy Sweet Potato Casserole Succotash Cornbread Peaches Milk				

If you would like to join us for a meal, please call two-days in advance.

926-1956