



**1<sup>st</sup>  
Annual**

# **Hip-Hop 4 Health Competition**

**For kids in grades K-8  
in Pitt and surrounding counties**

Create your own rap song about health  
Song must be about nutrition, healthy eating, obesity, or exercise  
Work by yourself or with a group of up to 4 kids  
Including a dance in your rap-performance is desired but not required

**Submit your song by September 8, 2014. ALL finalists get a chance to win:**

Your song played on the Big Buji radio show on ENC 96  
Guest spot on the Big Buji radio show, plus  
\$250, \$125, or \$75, and you get to

**Perform your rap live on stage at Winterville Community Day**

Go to [www.BIGBUJI.com](http://www.BIGBUJI.com) for information on how to submit your rap

Hip-Hop 4 Health is hosted by:



and the East Carolina University Center for Health Disparities