



Project DIRECT Legacy for Men

Presents

When: Saturday, May 19, 2012

Where: Old Richmond Missionary Baptist Church
Fellowship Hall
18525 Hwy 264
Swan Quarter, NC 27885

Time: 11 am – 1 pm

Topic: **Healing the Body: Diet, Exercise & Spirit
for MEN ONLY**

Speaker: Dr. Frank Neelon
Duke University Medical Center
Medical Director, Rice Diet Program

Note: **Workshop is for MEN only. Women are invited to attend
a discussion in the Sanctuary.**

**For More Information, Call—
Archie Green 252-926-9261 or
Thomas Tharps 252-926-8371**