

# Hyde County Hotline

**24 Hour Crisis Line 252-926-5481**

October 2012

## October is Domestic violence Awareness Month

### What is Domestic Violence Awareness Month?

In October 1987, the first Domestic Violence Awareness Month was observed. That same year the first national toll-free hotline was begun. In 1989 the first Domestic Violence Awareness Month Commemorative Legislation was passed by the U.S. Congress. Such legislation has passed every year since with NCADV providing key leadership in this effort.

### 150 Not Just A Number

#### Sometimes our loved ones get lost in statistics.

Between July 1, 2011 and June 31, 2012, Hyde County Hotline served 150 victims of domestic abuse.

Three jars with this information will be placed throughout the county in October to raise money to serve victims of domestic abuse and sexual victimization in Hyde County.

Please match this number with a donation of \$1.50, \$15.00, \$150 or any amount. Thank you for your support.

Want to learn more about being a  
Hyde County Hotline Crisis Line  
Volunteer?  
Let us know. 252-926-5481

*You never know  
how strong you are  
until being strong  
is the only choice  
you have.*

*The Board of Directors and Staff cordially invite you to  
attend the*

*2<sup>nd</sup> Annual Hyde County Hotline Winter Gala  
Saturday, December 1, 2012*

*23145 US Hwy 264, Swan Quarter, North Carolina*

*An evening of elegance including a Silent Auction,  
Reception, Dinner and Dancing to benefit survivors of  
Domestic Violence and Sexual Assault who are served by  
Hyde County Hotline*

*Silent Auction  
Reception 6:00 p.m.  
Dinner 7:00 p.m.*

*Tickets: \$55 per person  
\$100 per couple  
\$800 Sponsor Table*



*For tickets, please call 252-926-5481 or email  
cchdehotline@gmail.com*

**OUR MISSION:** The purpose of Hyde County Hotline, Inc. is to work to eliminate domestic abuse and sexual victimization in Hyde County, North Carolina through the collaborative efforts of a compassionate community. We promote dignity, respect and safety at home resulting in safer communities.

*Hyde County Hotline*  
24 Hour Crisis Line 252-926-5481

**Myths and Facts about Domestic Violence**

MYTH: If a domestic violence victim would leave her abusive partner, she would be safe.

FACT: Women are at an increased risk of harm shortly after separation from an abusive partner. A victim's risk of getting killed greatly increases when in the process or shortly after leaving. On average, 4 women are killed by a current or former partner every day.

(Violence Policy Center/FBI, 2011)

**Myths and Facts about Domestic Violence**

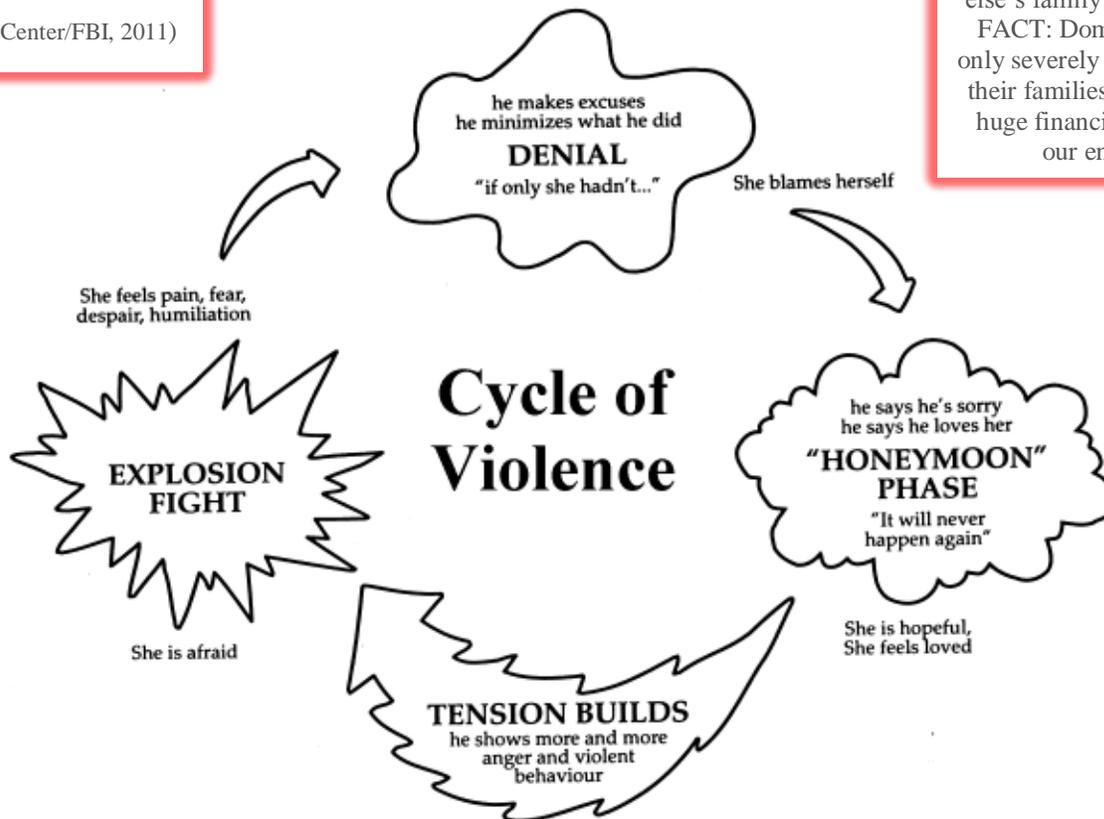
MYTH: Domestic violence is usually a one-time event, an isolated incident.

FACT: Domestic violence is a pattern of coercive, controlling behavior that escalates in severity and danger over time. Domestic violence can include physical, emotional, psychological, sexual, or financial abuse.

MYTH: Violence in someone else's family is not my business,  
FACT: Domestic violence not only severely impacts victims and their families, but also results in huge financial costs that affect our entire society.

Approximately 15.5 million children are exposed to domestic violence every year.

McDonold, R et al. (2006). "Estimating the Number of American Children Living in Partner Violent Families" *Journal of Family Psychology*, 30(1),137-142



\* The cycle can cover a long or short period of time

\* The violence usually gets worse

\* The "honeymoon" phase, then the denial phase, will eventually disappear

**DOMESTIC VIOLENCE HOMICIDES IN NC from January 1 – September 12, 2012 - 46 Murders**  
[www.nccadv.org](http://www.nccadv.org)

**How you can help...**

\*\*Donate to our Thrift Stores – call us for pick-up of large items 252-926-5481 (all donations are tax deductible)

\*\*Learn to weave at Tapestry on Ocracoke \*\*Ask us about presentations

\*\*Ask how we can help you \*\* Tell others about us

\*\*Monetary donations are accepted: PO Box 26, Swan Quarter, NC 27885



# NO MORE

TOGETHER WE CAN END DOMESTIC VIOLENCE AND SEXUAL ASSAULT

I SAY NO MORE BECAUSE everyone deserves to be safe.

I SAY NO MORE BECAUSE domestic and sexual violence cripples and destroys lives and families.

I SAY NO MORE BECAUSE I want to help educate my friends, my family, and help stop this epidemic.

I SAY NO MORE BECAUSE All men can stand up-show up and speak out to end all forms of violence.

I SAY NO MORE BECAUSE I was sexually abused as a child. I am 1 of 42,000,000.

I SAY NO MORE BECAUSE how we teach our children can help make this the last generation to tolerate abuse.

I SAY NO MORE BECAUSE every person has the right to be treated with dignity.

I SAY NO MORE BECAUSE NO ONE should be silenced by the shame and fear created by domestic violence and sexual assault.

I SAY NO MORE BECAUSE everyone deserves a happy home and a life free of abuse and violence.

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TAKE ACTION. Visit us at [www.nomore.org](http://www.nomore.org) and tell us why YOU SAY NO MORE.

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Hyde County Hotline  
PO Box 26  
1271 Main St  
Swan Quarter, NC 27885  
24 Hour Crisis Line  
252-926-5481

IF YOU OR SOMEONE YOU KNOW NEEDS HELP, PLEASE CONTACT:

National Domestic Violence Hotline: 1.800.799.7233 | [www.thehotline.org](http://www.thehotline.org)

National Sexual Assault Hotline: 1.800.656.4673 | [www.rainn.org](http://www.rainn.org)

National Dating Abuse Helpline: 1.866.331.9474 | [www.loveisrespect.org](http://www.loveisrespect.org)