

# Hyde County Health Department

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Wesley P. Smith *From the Lodge to the Lighthouse*  
Health Director *We're striving for a healthier Hyde*

## NEWS FOR IMMEDIATE RELEASE

### **2013 State of the County Health Report Released**

**SWAN QUARTER, NC:** The most recent State of the County Health (SOTCH) report issued by the Hyde County Health Department highlights the Hyde Partners for Health supplemental report to the 2011 Community Health Assessment (CHA). The CHA is conducted every four years and the SOTCH report is distributed every year in between to provide current updates or information that pertains to priority areas identified in the Community Health Assessment. The complete 2011 Community Health Assessment and 2013 SOTCH can be viewed at: [www.hydehealth.com](http://www.hydehealth.com).

Highlights and Initiatives identify work by Health Department staff, along with Hyde Partners for Health, to reduce health issues identified as priorities in the 2011 CHA. Access to Primary Care through funding provided by Kate B. Reynolds Charitable Trust has treated acute and chronic illnesses with additional funding for the enhancement of telemedicine services to include specialty care. Local Physical Activity, Nutrition and Obesity Task Force (LPAN) engage communities in collaboration with Region 9 Community Transformation Grant project (CTG-P) to support strategies and provide additional programs that support healthy eating, active living and tobacco free living. The death rates compared to the state and trends over the years continue to increase with cancer and chronic lower respiratory diseases. The economic barriers affecting healthy lifestyle choices continue to be an issue with higher rates than the state for unemployment and uninsured population. Those in poverty, underinsured, or uninsured are more likely to have problems paying for basic needs such as food, medical care, heat, housing, and transportation. People in poverty more often have poorer health outcomes compared to their counterparts. Impoverished adults are more likely to have chronic diseases such as heart disease and diabetes, and poor children are more likely to be in fair or poor health.

For information about healthy eating and active living, contact the Hyde County Health Department Public Health Educator II, Liz Mumm, at 252-926-5289 or [emumm@hydehealth.com](mailto:emumm@hydehealth.com).

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