



**MATTAMUSKEET SENIOR CENTER**  
160 Juniper Bay Road  
Swan Quarter, NC 27885  
252-926-1956  
**Darlene Berry, Senior Director**  
**[dberry@hydecountync.gov](mailto:dberry@hydecountync.gov)**

October 8, 2014

Dear Friends:

My name is Darlene Berry, I am the Director of the Mattamuskeet Senior Center here in Hyde County. I am also the Senior Nutrition Home Delivery (meals-on-wheel) coordinator for the county. Our mission is to promote, maintain and improve the health and wellbeing of older adults through the provisions of a nutritionally balanced meal five days a week.

The Home Delivered Meals Program is designed to improve the health of impaired older adults by providing a nutritionally balanced meal served in their homes by volunteers. This meal is delivered to seniors 60 years of age and older who are homebound. This meal may be their only meal of the day and yours may be the only face seniors see that day.

You can help keep this program going for our seniors by becoming a volunteer. We have people for all walks of life who are helping in the fight to end senior hunger. You can volunteer once a week or once a month. You can even do it on your lunch hour! We will work with you to accommodate your schedule. It takes one hour or less to deliver a meal along with a ray of sunshine to our homebound clients.

Volunteers are the backbone of the Home Delivered Meals program. The volunteers must be at the pick-up site by 11:00 a.m. to deliver the meals, we have three pick-up sites for the county. Pick-Up sites are at the following locations: Mattamuskeet Village in Engelhard for the Engelhard route, Senior Center for the Swan Quarter route and Fairfield Gas Bar for the Fairfield route. At this time we are in great need for volunteers in the Engelhard area.

This would be a great opportunity for a community service project or home mission project. If you would like to help your neighbors in this way please consider volunteering. You can contact me at the Mattamuskeet Senior Center at 926-1956 or email [dberry@hydecountync.gov](mailto:dberry@hydecountync.gov). I look forward to hearing from you.

Thank you.

Darlene Berry, Director  
Mattamuskeet Senior Center